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INTRODUCTION

The International Federation Muaythai association is committed to meet ethical and environmental responsibilities and to promoting sustainability within the sport of Muaythai.

Concern for the environment and endorsing a broader sustainability agenda are for any and all Muaythai activities and the management of our organisation. We aim to follow and to promote good sustainability practices and behaviours to reduce the environmental impacts of our activities and to help our member National Federations and local event organising committees (LOC) to do the same.

Sustainability is defined as meeting our own needs without compromising the ability of future generations to meeting their own needs. We are also concerned for social, cultural, environmental and economic responsibility to ensure a legacy for future generations.

Adopting sustainable practices and behaviours no matter how small can contribute to having significant impact in the long term. IFMA endorses and supports the IOC's sustainability strategy and policies which can be found here:

<https://www.olympic.org/sustainability>

ATHLETES

- Provide IFMA sustainability posters throughout the athlete areas
- IFMA to give short sustainability workshops to educate and motivate athletes, coaches and delegations once per event
- Provide selective waste disposal opportunities
- Reusable water bottles given to every athlete at arrival

ARRIVALS & DEPARTURES

- Use less or non-polluting forms of transport i.e. electric or hybrid vehicles
- Group people with similar arrival times together

ACCOMMODATION

- Hotels with sustainable policy
- Within walking distance of venues
- Switch off everything in hotel rooms if no master key switch

FOOD & BEVERAGE

- Source local seasonal food from local sustainable suppliers
- Purchase fair-trade and/or organic beverages
- Donate sealed unused food
- Minimise food waste, only take what you will eat
- Minimise food packaging
- Compost waste food
- Avoid sachets (salt, sugar, coffee etc.)
- Use bulk water not individual bottles
- Use recyclable cups

COMMUNICATION

- Communicate plan to everyone
- Training for everyone
- Engage with local community
- Raise and promote awareness
- Educate all participants

GENERAL

- Minimise the use of paper and other office consumables, including paper, computer supplies and redundant equipment
- Calculate the impact the event is having on the environment
- Have an event sustainability plan
- Print only what is necessary
- Use electronic documents
- Use electronic forms of communication
- Offset carbon emissions
- Donate any unneeded surplus office consumables
- Multi-use banners and signs (avoid date marking)
- Gifts - consider not giving and if this is not possible, they should be local and sustainable
- Reusable lanyards
- Recycle accreditations where possible
- Use local suppliers and sponsors who have sustainable strategies
- Rent/borrow office equipment

INSPECTION VISITS

- Avoid physically travelling when alternatives are available and practical, such as using conference calling etc.
- Efficiently timed to avoid unnecessary trips

VENUES

- Use existing venues
- Venue has green energy-efficient systems
- Venue has energy, waste and water management strategy
- Venue uses chemical-free products for cleaning
- Use a venue that is close to public transport
- Bicycle parking
- Charging for green vehicles
- Rent/borrow equipment
- Switch off lights and equipment when not in use
- Ensure at the end of the events to remove all rubbish inside and out of venue

TRANSPORTATION

- Minimise distances from accommodation
- Minimise number of shuttles
- Bicycle hire option
- Use less or non-polluting forms of transport i.e. electric or hybrid vehicles

SPECTATORS

- Use public transport
- Offer free tickets for sustainable incentives i.e. car-sharing, walking or biking to venue
- Offer sustainable incentives with ticket purchase i.e. free public transport
- Use electronic communication

WORKFORCE

- Local staff and volunteers
- Local sustainable contractors
- Sustainable uniforms

EVENT PLANNING

- Consider sustainability in all decisions relating to the event
- To communicate and educate to ensure that all event participants (IFMA local workforce, this National Federation delegates, contractors, sponsors and spectators are fully aware of our policy and are committed to implementing it
- To review, feedback and report to improve our sustainability performance

