



# ANNUAL ACTIVITY REPORT

YEAR: 2018

*This document of Annual Report Activity of 2018 is made in relation to the Strategic Plan of IFMA. In the following parts are IFMA strategic objectives and activity reports from 2018.*

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# LETTER FROM THE PRESIDENT, DR. SAKCHYE TAPSUWAN

## Letter from the President, Dr. Sakchye Tapsuwan



It fills me with great pride to be the President of IFMA, which is more than just a sporting organisation. We are a family which stands firm, protecting and fostering the Olympic Values and the powerful spirit of Sport. Muaythai is more than just a sport, it has strong traditions and values that run deep within it.

If we want to preserve culture, we must continue to create it. The IFMA policies are in line with the Olympic Movement, fostering the talents of the youth, understanding and practicing Unity In Diversity and protecting the integrity of IFMA. The sport of muaythai must continue to be our focus and at the same time, working with and for the youth to be part of upcoming generations that will carry the muaythai torch into tomorrow. This must be our legacy as this torch has been passed down for hundreds of years and the future has just begun.

I would like to wholeheartedly thank every stakeholder in the IFMA family which has volunteered their time towards our united goals and the dreams of our youth. It has been another successful year and I must thank you for trust and for allowing me to lead this organisation with pride and hope for an even brighter future.



# LETTER FROM THE GENERAL SECRETARY, STEPHAN FOX

## Letter from the General Secretary, Stephan Fox



Muaythai is more than a sport. It is a cultural art form, a science and for millions, a way of life. Muaythai is for Every Body and the muaythai family believes that every human being is entitled to participate in an active lifestyle without any form of discrimination and this is one of the fundamental principles of our organization.

Muaythai is built on 5 important pillars: Respect, Honour, Tradition, Excellence and Fair play. These are also the pillars of the Olympic Movement and the pillars of life. We believe, practice and demonstrate respect for one another. Respecting each other and understanding our differences. This is why we practice a Wai Kru before each competition and why after the final bell we drink the opposite corner's water to signify we are one.

We can be proud of our achievements and the credibility we have in the world of sport and we believe in our key virtues: integrity, fairness, respect and responsibility. This is key to every member in the IFMA family.

Our credibility attracts the youth. Where there is no youth, there is no future. We are proud of our IFMA Youth and the IFMA Youth Championship is one of our most important. The role of the Youth occupies the central place. The brightness shines and they are the torch bearers for tomorrow. Combined, we work for a better tomorrow. We must continue to work together. We believe that our visions begin with our desires.

Thank you to each and everyone which has helped to create hopes and dreams.

# LETTER FROM THE SPORT DIRECTOR, CHARISSA TYNAN

## Letter from the Sport Director, Charissa Tynan



2018 has been another successful year for muaythai with many important milestones. The 2018 World Championships was where we finally achieved what we have set out many years ago to do through the promotion and support of women in muaythai. It is where we turned a dream into reality when we achieved equal participation between Men and Women at the elite level. For this, we must thank every stakeholder who has actively supported this. The Youth World Championships was an amazing one with 1000+ participants from 92 countries promoting sporting and cultural exchange, Unity in Diversity and fun. The Continental Championships that were hosted in Prague, Macau, Buenos Aires and Morocco have also been very successful.

Fair play on all levels and the protection of the clean athletes will continue to be one of our key priorities. Our fight against doping is an investment in our future and our youth. Education is key and our world and continental athletes' forums will continue to deliver education and outreach programmes. We are also proud to continue to be included in many multi-sport games within the Olympic family, and the qualification process for the 2021 World and Combat Games has begun.

We believe in alliances and our cooperation with UNESCO, UN Women, Generation for Peace, Peace and Sport, GAISF, SportAccord continue to be a valuable aspect to our growth and stability. We are proudly recognised by the IOC and will continue to promote and protect the Olympic values and spread Olympic humanity. Our Sport Is Your Gang social initiative has today reached over 30 countries and we are additionally proud that we are also one of the founding members of the United Through Sports initiative.

I would like to thank the IFMA executive committee and national federations for all their support and the daily administrative work, our President and General Secretary for their vision and drive, the IFMA international staff for their tireless work and certainly the IFMA athletes who make all our work worthwhile.

# MUAYTHAI A PROUD MEMBER OF THE OLYMPIC MOVEMENT

## Muaythai a Proud Member of the Olympic Movement

An International Federation Recognised by



INTERNATIONAL  
OLYMPIC  
COMMITTEE



OLYMPIC COUNCIL OF ASIA



WORLD  
ANTI-DOPING  
AGENCY



TAFISA  
The Association For International Sport For All



ITA  
KEEPING SPORT REAL

In partnership with



BE PART OF WHAT MATTERS



generationsforpeace



# 2018 MAJOR EVENTS

## 2018 Major Events

2018 IFMA World Championship

Date: 10 May – 20 May 2018

2018 IFMA European Championship

Date: 29 June – 8 July 2018

2018 IFMA European Championship

Date: 23 July – 29 July 2018

2018 Youth World Championship

Date: 02 August – 10 August 2018

2018 IFMA Asian Championship

Date: 02 December – 13 December 2018

# IFMA'S STORY

## IFMA's Story

The International Federation of Muaythai Associations (IFMA) began as a small federation with several enthusiastic countries, more than two decades ago. After the passage of the initial stages of its life and at the dawn of an exciting new century, IFMA had grown to 130 member countries worldwide with 5 continental federations, together existing under a single, unified regulatory body. IFMA accepts and recognises the mission and role of the International Olympic Committee (IOC). IFMA will always conform and respect the Olympic charter, adopting the code of ethics based on the principles of the IOC.



The fundamental principles of Olympism include the sustainable development of sport, the education of youth through sport and recognising the practice of sport as a basic human right. To that end, IFMA's mission is that every individual must have the opportunity to practice Muaythai free of discrimination of any kind be it racial, gender, sexual orientation, religious or political and IFMA will continue its work toward this right and freedom for all.

IFMA has established various commissions to oversee and develop on areas of social responsibility, universality, ethics, youth and education, prevention of competition manipulation and activities for all. The commissions liaise with stakeholders of the Olympic movement to ensure the adherence to the Olympic movement, code of ethics and function with transparency and good governance.

Muaythai through IFMA has come a long way since its first World Championships held in 1993 where a mere twenty countries participated. In the most recent World Championships the participation was overwhelming with contestants and dignitaries from 101 countries in attendance. Another significant progression in the globalisation of Muaythai took place at the 1995 South East Asian Games when, for the first time since the inception of IFMA, Muaythai was included as a sport in which both genders could compete while representing their country over various different divisions. Since then muaythai has been included in official sport programme of many other Continental multi-sport Games such as the Asian Beach Games and Indoor Asian Martial Art Games and as a demonstration sport in the Asian Games in 1998.

## IFMA'S STORY

In 1995 the World Muaythai Council was set up by the Royal Thai Government Under Parliament Resolution to foster and promote all aspects of muaythai and to protect the cultural heritage of muaythai. In 1998, the WMC and IFMA signed an MOU to solely work with each other, with the WMC regulating professional muaythai and IFMA amateur muaythai. It was agreed that both organisations would have executive level representation and that the WMC and IFMA would not work with any other muaythai organisation. In 2014, His Majesty the King granted patronage to the World Muaythai Council.



1999 was a historic year for Asia as IFMA and Muaythai gained recognition by the Olympic Committee of Asia. After 8 world championships in South East Asia, 2003 saw the IFMA World Championship held in Kazakhstan with 78 countries participating. In 2006 history was made, as Muaythai became a full member of the World Sporting Community with its inclusion in GAISF. Thus, IFMA sits proudly alongside all other world-recognised international sport federations, as a recognised member of the world sporting family with unmatched access to knowledge sharing and resources via the SportAccord Convention.





## IFMA'S STORY

2008 was another exciting year for Muaythai with the IFMA World Championships, which was a part of The Association for International Sport for All's (TAFISA) World Sport for All Games (Busan, Korea) under the patronage of the International Olympic Committee (IOC). This raised the profile of Muaythai as an internationally recognised sport in particular through the activities of IFMA in promoting Muaythai as a medium for cultural exchange and to raise awareness of this aspect of the sport. IFMA values the importance of ensuring that muaythai, as a cultural heritage would be protected and would promote and foster all aspects of Muaythai regardless for health, fitness, self-defence or competition. IFMA's slogan is "Muaythai for Every Body" and to develop Muaythai as a way of life.



Furthermore, IFMA was praised by luminaries such as representatives from the IOC for its work with children from marginalised or disadvantaged backgrounds by promoting Muaythai as a route for development. IFMA signed a Memorandum of Understanding with the Peace and Sport Organisation (L'Organisation pour la Paix par le Sport) in December 2010. This understanding between the two organisations was seen as a great step forward in the quest to continue making a difference in the lives of children through exposure to the sport, its values, culture and the traditions that are the core of Muaythai. IFMA also works in close cooperation with UN Women and signed an MOU to cooperate on the campaign the End Violence against Women (EVAW).



## IFMA'S STORY

IFMA's members are charged with the task of achieving recognition by their relevant national sport authorities and/or National Olympic Committees. IFMA assists its members toward WADA compliance at all times, and encourages its members to work and develop in areas of integrity and social responsibilities. To that end, IFMA aims at building up cooperation with recognised social institutions.



IFMA's cultural exchange program involving kids from over 60 countries received the highest accolades from private and public sector as well as IOC members. Such exchanges amongst others include Jamaica and Thailand where Thai children selected from the Muaythai Against Drugs program provided a demonstration alongside Jamaican children. This integration between the cultural exchange programs and the IFMA's activities combating social ills is an important element in our objectives and will be aided by the future of our partnership with Peace and Sport.



April 2012 marked the launch of IFMA's latest social project in cooperation with the Peace & Sport Organisation, entitled "Sport Is Your Gang"; a project utilising Muaythai to improve the lives of disadvantaged and marginalised youths. After only two years since its launching, Sport Is Your Gang was given the highest award for social campaigns in sport - 'Spirit of Sport', the annual award from SportAccord that marks the greatest impact sport makes for the youth.



# IFMA'S STORY



2010 marked yet another major milestone for Muaythai and IFMA with the SportAccord Combat Games under patronage of the IOC, in Beijing. IFMA's Muaythai event received accolades from SportAccord and the Beijing Organising Committee for having the largest numbers of participants and spectators in attendance.



2011 saw the World Championship in Uzbekistan with 90 countries in attendance, which was praised as a festival of culture, friendship and sport.

In April 2012, IFMA marked the official launch of the 'Muaythai towards IOC' campaign at a special gala event in which IFMA lodged its Letter of Intent to apply for IOC recognition to IOC Member Dr CK Wu in the presence of the President of SportAccord, Mr Hein Verbruggen and World Games Association. At the same time, an application to be included in the International World Games Association was handed to Mr. Ron Froehlich, President of the International World Games Association.



# IFMA'S STORY

2012 also saw the IFMA World Championship in St Petersburg, Russia with 92 countries participating and IFMA also receiving the honour of being the official test event for the 2013 World Combat Games.



The following year 2013 marked the inclusion of Muaythai and IFMA into the International World Games Association (IWGA) an IOC recognised organisation. The same year saw the 2nd edition of the World Combat games under patronage of the IOC and Muaythai had the highest viewership ratings for any non-Olympic sport. The same year, history was also made when the Muaythai television show 'The Challenger Muaythai' was nominated for an international Emmy with over 400 million viewers around the world.





## IFMA'S STORY

2014 was a truly successful year for Muaythai, with its inclusion in the official sports program of the World Games only 1 year after being recognised. Muaythai also won the Spirit of Sport Award for their outstanding contribution to society. The World Championship was held in Malaysia and Muaythai broke the 100-country mark with 101 countries participating. Furthermore, Muaythai was officially included in the Asian Beach Games, and after being the demonstration sport in the Asian Games, is now fully included in the Asian Indoor and Martial Art Games and the journey continues. That same year, IFMA signed an MoU with UN Women to collaborate on the UN Secretary General's campaign UNiTE to End Violence Against Women and Girls and to advocate for gender equality.



2015 started immediately with the good news of FISU giving patronage to the first ever IFMA Muaythai University World Cup and history was again made in April 2015 when FISU officially recognised IFMA and included muaythai into the FISU World University Championship programme. 2015 also saw the IFMA Royal World Cup in Bangkok with a new record of 120 participating countries. IFMA, from 2009 – 2016 was also one of the 23 members in the Alliance of Independent Recognised Members of Sport (AIMS), one of the four umbrella groups in SportAccord. Currently, IFMA General Secretary Stephan Fox serves as President of AIMS.



## IFMA'S STORY



An important MoU was also signed with UNESCO towards continued youth development, gender sensitivity, intercultural dialogue and implementation of the Quality Physical Education (QPE) guidelines in the IFMA educational platform. The IGLA Education curriculum was also launched this year, formalising and standardising the grading and teaching of muaythai worldwide. The programme is aimed at protecting the cultural and traditional aspects of the sport. Another achievement in 2016 was

IFMA General Secretary Stephan Fox becoming Vice President of SportAccord.

To date, IFMA has organised 20 World Championships. IFMA prides itself on combining sport, education and cultural understanding. To that end, annual Congresses are held in major cities in cooperation with stakeholders from the Olympic Family.

## IFMA'S STORY



On December 6th 2016, the IOC Executive Board granted provisional recognition to IFMA, which is a testament to the work done by IFMA and its member National Federations towards protecting and promoting the Olympic values. The recognition propels IFMA to move on from AIMS to become members of the Association of IOC Recognised Sport Federations (ARISF), joining all other IOC recognised sports that are not on the Olympic Games Programme. IFMA will continue to build on the 5 pillars of Muaythai that are: respect, honour, fair-play, excellence and tradition.



2017 was a packed year in the IFMA calendar, with the World Championships in Minsk Belarus, which saw over 80 countries gather to see their athletes rise as champions. Muaythai, under IFMA also joined the world sport stage in the World Games 2017 in Wroclaw Poland, as a full medal sport.



## IFMA'S STORY

IFMA is also proud that Muaythai champion Sofia Olofsson took the prize for IWGA Athlete of the Year.



The Youth World Championships in Bangkok broke youth participation records with over 1200 participants this year, from over 79 countries across all continents. The Championships featured an outstanding Youth Conference, and dazzling Awards Gala Night. Muaythai participated in the 2017 SEA Games in Kuala Lumpur, the Asian Indoor Martial Arts Games in Ashgabat, and Cancun hosted the Pan-American Championships to end 2017 strong.



## IFMA'S STORY

2018 was set to be a new chapter for IFMA as the world biggest Muaythai international event was for the first time visiting the Pan-American region. The city of Cancun, Mexico, hosted the FMA World Muaythai Championships and took 77 IFMA Natinal Federations to compete for the gold medals in Mexico.

IFMA continued to broaden its event hosting geography with European and Asian Muaythai Championships held in Prague and Macau for the firs time. Both events became an unforgettable experience for teams with the Harley Davidson festival becoming a bright part of the event in Prague and an amazing initiative Walk for the Million in Macau putting Muaythai teams together with Macau sports organisations to fundraise for deserving charities through a 5km walk through central streets of Macau.

Putting youth in the center IFMA invited all its member to Bangkok, Thailand for the Youth World Championships 2018 with over 600 young athletes from 82 countries seeing their names entered into the draw.

2018 has been one of the most exciting years for IFMA with Muaythai gaining new fans, new members and new champions. IFMA is proud of the growth of its national federation which become strong organisations capable to host the biggest international competitions.

Arafura Games opened the 2019 calendar for IFMA with an amazingly organised competitions in Darwin. Darwin gave Muaythai the first names who directly qualified for the World Games 2022 in Birmingham, USA.

IFMA's objective is to continue to strive for excellence in all aspects, to develop muaythai in every country in the world and by 2020, to have at least 160 member federations.

# MUAYTHAI DISCIPLINES

## Muaythai Disciplines

The foundations of muaythai is built on five important pillars; Tradition, Respect, Honour, Excellence & Fairplay. The different disciplines in muaythai are practiced for various reasons. It can be for fitness, self-defence, competition or as a cultural art form. Muaythai is in essence a way of life.

The disciplines in muaythai include:

Muaythai (Muay)

Muay Boran

Krabi Krabong

Muay Talay

Muay Fitness

Wai Kru

Muaythai, also known as Muay, Thai Boxing or Thai Kick-Boxing is the competition sport which is either competed at the professional level over 5 rounds of 3 minutes each, or by amateur rules over 3 rounds of 3 minutes each. It is known as the sport of eight limbs where practitioners utilise their fists, elbows, shins and knees. Amateur practitioners wear a head guard, elbow guards, shin guards and gloves whilst the professional use only the gloves. Under IFMA's auspices its professional wing the World Muaythai Council or WMC regulates and governs all professional rules and competitions internationally.

This discipline of **MUAYTHAI** is included into the official programme of many multi-sport games such as the World Games, the FISU World University Championship programme, Asian Beach Games, Asian Indoor & Martial Art Games, World Combat Games, SEA Games, TAFISA Games and many others.





# MUAYTHAI DISCIPLINES

**Muay Boran** is the umbrella term for “Hand-to-Hand Combat” or self-defense in muaythai. In Thailand It is composed of five disciplines – Muay Chaiya, Muay Korat, Muay Lopburi, Muay Tahsauh and Muay Pala Sueksa (or Muay Panakorn). They can be identified by their different stances and techniques. Muay boran bouts were traditionally fought with rope bindings on the hands (Kad Chuek). Today, competitions are held as either demonstrations with very little contact or full contact.



**Krabi Krabong** is the weapon based discipline of muaythai. The system includes the main weapons; the curved sword (Krabi) and staff (Krabong).



## MUAYTHAI DISCIPLINES

**Muay Talay** is a fun take on muaythai and is competed on the beach or over a body of water. Competitors compete whilst sitting on a beam using balance and strength, the victor being the opponent which remains on the pole.



**Muay Aerobic (Muay Fitness)** is a total work out programme which includes muaythai training tools such as pad work, bag work, circuit and body strength training. Fitness centres around the world use this unique high-calorie burning work out programme either in one to one personal training (PT) sessions or group circuit training sessions.



# NATIONAL FEDERATIONS

## National Federations

In 2018, IFMA had 130 national federation members. The NFs govern muaythai in each country and oversee the promotion and development of muaythai and work closely with the highest sports authority and National Olympic Committee. They have the responsibility and duty to manage and monitor the everyday running of muaythai and the various disciplines.



# IFMA PARTNERS

## IFMA Partners

At the end of 2018, IFMA licensed three (3) equipment companies namely FBT, Wesing and MTG. The executive board made the decision to approve two (2) more partners to join in 2019.





# IFMA STRATEGIC PLAN

## IFMA Strategic Plan

IFMA practices a strategic outlook, to ensure a focused approach to realising our mission and vision. IFMA understands that success comes in little steps, as much as we teach our athletes to win, we must show grace in defeat and victory, IFMA understands that we must set the goals realistically, in a proper time frame and that in the end the journey is as important as the destination; the sport, the organisation and most importantly the practitioners will benefit from continually striving for excellence.



The main aspects are:

***Placement of the youth and athletes at the centre of the organisation.*** IFMA undertakes strategic grassroots development, combining all values while also understanding today and reaching for tomorrow. With cultural understanding, respect and friendship, and at the same time working in a sustainable manner, we work towards a better tomorrow in hopes that the next generation will outshine the current.

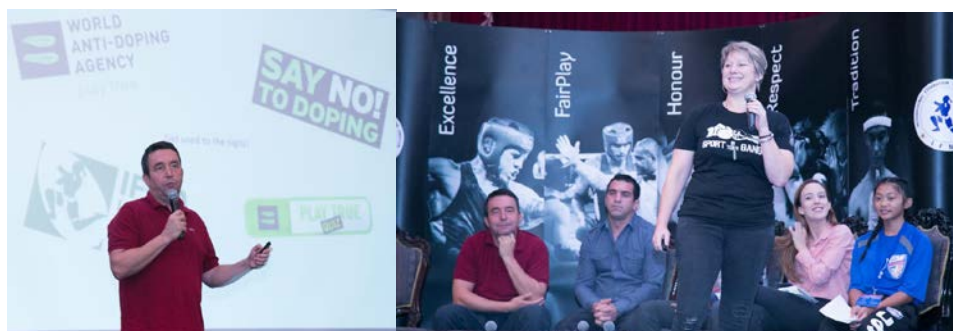


# IFMA STRATEGIC PLAN

**Universality** is a key priority for IFMA, equality in sport and life, ensuring equal responsibilities and opportunities. Over the last 10 years, IFMA has worked extensively on female development. A decade ago, only 10 national teams participated with females in their team, by 2012 this number rose to over 60 and at the 2018 World Championships a 50/50 ratio of male and female athletes registered for participation at the elite level. We must continue to develop female Muaythai especially in countries where women traditionally are not as involved in sport as their male counterparts. The same goes for female appointment in executive positions; it is part of IFMA's strategic plan to have at least 30% of female representation in the Executive Board and a minimum of 5 countries to have a female federation president. IFMA wants to lead the change in sport.



**Maintaining the standards of fair play** both in and out of competition, fair play being one of the five pillars of Muaythai. The fight against doping is a constant one; we must continue to educate all stakeholders that cheating has no place in our family. This includes match-fixing, ensuring that referees and judges, national federations, executive board members continue to work in honesty along our strict code of ethics. It is our strategic goal to make sure our sport stays credible on all levels.



# IFMA STRATEGIC PLAN

***Blending Muaythai as a combat sport with cultural exchange and education*** is the important foundation of Muaythai. Pierre de Coubertin, the founder of modern Olympics once said, 'Olympism seeks to create a way of life based on the joy of effort, the educational value of a good example, and respect for universal, fundamental and ethical principle'. IFMA strives to ensure that there is a balance between academic and sporting efforts. This is why IFMA is implementing an educational system based on all values integrating modern technology to engage the youth, implementing the five pillars of Muaythai. The educational platform must also include modules on anti-doping, athlete support, access and promoting Muaythai as a sport and art for everybody.



***Social and community development: “giving back”*** as a philosophy is taught from the very early stages. This is achieved through various initiatives such as ‘Muaythai Against Drugs’ and ‘Sport is Your Gang’ projects. Future strategic planning will include collaboration with partners such as Peace and Sport, Generations for Peace and exploring avenues with UN Women, UNESCO, Right to Play and other social organisations.

Cooperation- the strategic plan in IFMA will also incorporate planning, resource and knowledge sharing with other Olympic Recognised organisations, as a member of GAISF. Continued efforts for highest recognition by the IOC in order to gain access to resources that will benefit Muaythai.

These strategic goals give meaning and purpose to the IF’s pursuits.



# IFMA IN THE PRESENT

## IFMA in the Present

Some of the milestones which IFMA has already achieved throughout the years are for example:

1995 – First inclusion in the 18th South-East Asian Games (SEA Games)

1998 – Inclusion as a demonstration sport in the Asian Games

1999 – Recognition from the Olympic Council of Asia

2005 – Inclusion in the 23rd SEA Games as a fully recognised medal sport

2005 – Inclusion in the Asian Indoor Games

2006 – Recognition from and membership in the GAISF (SportAccord)

2008 – Inclusion in the TAFISA Games



2010 – Participation at the 1st Edition of the World Combat Games



2013 – Membership in the International World Games Association

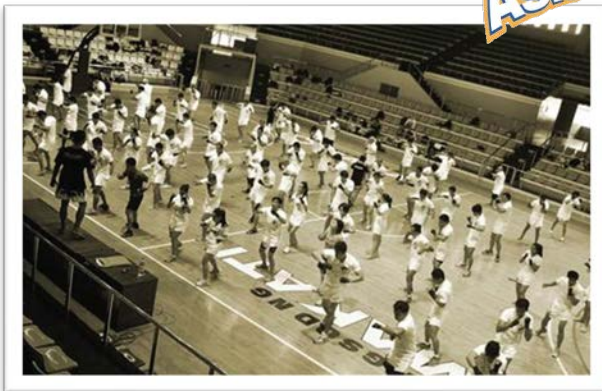


## IFMA IN THE PRESENT



2013 - Successfully integrating fairplay through the WADA programme

2023 - Successfully establishing Muaythai Fitness programmes around the world



## IFMA IN THE PRESENT

2013 - Successfully participating in television programmes



## IFMA IN THE PRESENT



2013 - Successfully building educational and school programmes



2013 - Successfully participated in the 2nd edition of the World Combat Games

2014 – Inclusion in the 4th Asian Beach Games

2015 – International University Sports Federation (FISU) has officially recognised Muaythai signing the agreement between FISU and IFMA.

2016 – Recognition from the International Olympic Committee (IOC)

## IFMA IN THE PRESENT

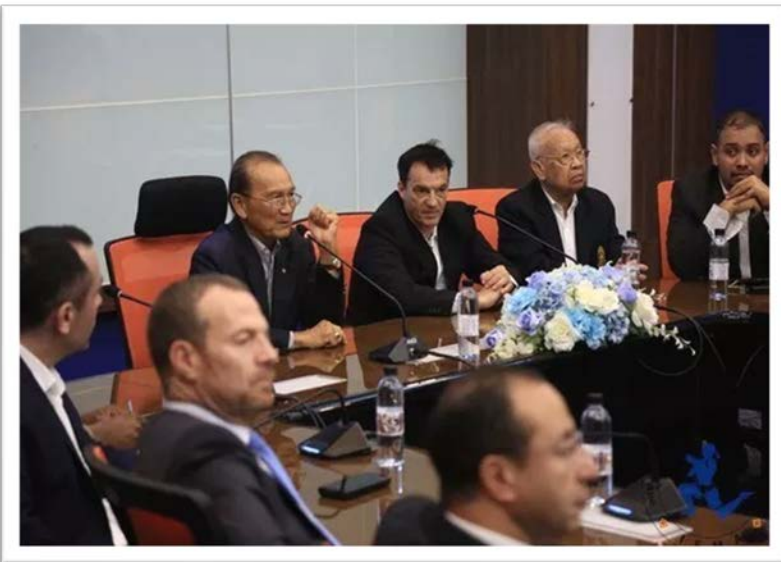
2017 - Participation in The World Games in Wroclaw, Poland

2018 – Inclusion in the FISU World Championships program

## IFMA AD-HOC MANAGEMENT COMMITTEE (AHMC)

### IFMA Ad-Hoc Management Committee (AHMC)

The AHMC, has the general responsibility for the management of the IFMA affairs. The AHMC consists of between 9-13 (nine – thirteen) members selected from members within the Executive Committee by the Executive Committee. A representative of the Athletes Commission shall also be selected to sit as a committee member of the AHMC.





# IFMA EXECUTIVE COMMITTEE

## IFMA Executive Committee

### **Honorary President**

H.E. General Pichitr Kullavanijaya

### **President**

Dr. Sakchye Tapsuwan

### **General Secretary**

Mr. Stephan Fox

### **Treasurer**

Mr. Kajorn Prowsri

### **Vice Presidents**

H.E. Karim Massimov (Kazakhstan)

Mr. Yeo Kyu Tae (Korea)

Ms. Sue Glassey (New Zealand)

Ms. Ana Vital Melo (Portugal)

Mr. Gennadiy Trukhanov (Ukraine)

Mr. Driss El Hilali (Morocco)

Ms. Elisa Salinas (Mexico)

Mr. Rafal Szlachta (Poland)

### **Executive Committee Members**

Caroline Baxter Tresise (Australia)

Charissa Tynan (Thailand)

Cheryl Garcia (USA)

Davide Carlot (Italy)

Detlef Turnau (Germany)

Dmitry Putilin (Russia)

Erdogan Aydin (Turkey)

Fatima Pinto (Norway)

Gustavo Luna (Spain)

Halil Durna (Turkey)

Lucas Managuelod (Philippines)

Magdalena Kowalczyk (Sweden)

Mervyn Tan (Singapore)

Peter Boyd (Australia)

Petr Ottich (Czech Republic)

Rodrigo Jorquera (Peru)

Sami Kiblawi (Lebanon)

Shahnaz Azmi (Malaysia)

Sham Seetaram (Mauritius)

Sherzod Tashmatov (Uzbekistan)

Valentina Shevchenko (Peru)

Victoria Nansen (New Zealand)

Zhou Jin Biao (China)

# IFMA COMMISSIONS

## IFMA Commissions

IFMA has created various commissions of expertise and some of the following commissions have a permanent seat in the IFMA Executive board:

### **TECHNICAL & RULES COMMISSION**

Chairperson: Dmitry Putilin (RUS)

### **REFEREEING & JUDGING COMMISSION**

Chairperson: Somchai Sripiew (THA)

### **MEDICAL COMMISSION**

Chairperson: Dr. Erdogan Aydin (TUR)

### **FINANCE COMMISSION**

Chairperson: Sham Seetaram (MRI)

### **SPORT AND ACTIVE SOCIETY COMMISSION**

Chairperson: Abigail Pamei (IND)

### **YOUTH COMMISSION**

Chairperson: Elisa Salinas (MEX)

### **FEMALE COMMISSION**

Chairperson: Sue Glassey (NZL)

### **ETHICS COMMISSION**

Chairperson: Caroline Baxter Tresise (Project Officer, UNESCO Paris)

### **PRESS & PUBLIC RELATIONS COMMISSION**

Chairperson: Niamh Griffin (IRL)

### **BUSINESS COMMISSION**

Chairperson: Rolf Hess (SUI)

### **LEGAL COMMISSION**

Chairperson: Mervyn Tan (SIN)

### **ATHLETES COMMISSION**

Chairperson: Janice Lyn (CAN)

# IFMA COMMISSIONS

## **ENTOURAGE COMMISSION**

Chairperson: Ingrid Jost (BRA)

## **MUAYTHAI EDUCATION COMMISSION**

Chairperson: Dato' Muhd. Shahnaz Azmi (MAS)



# 2018 FINANCIAL STATEMENT

## 2018 Financial Statement

IFMA is a non-profit organisation with the mission and vision of promoting and fostering all aspects of muaythai whilst building a better world through the power of sport. IFMA ensures the credibility of the organisation, its values and missions and publishes the financial reports as IFMA strongly believes in transparency.

The financial reporting which is done on a yearly basis, is presented by the finance commission. A report is provided by external auditors and presented to the general assembly. After approval, it is published on the website.

### INCOME STATEMENT 2018

REVENUE	2018	2017
	\$ USD	\$ USD
Membership Fees	123,100.00	112,600.00
Sponsorship/Donations	386,000.00	376,600.00
Miscellaneous Income	14,600.00	1,100.00
Advertising & TV Rights	374,000.00	324,000.00
Licensing and Event Income	390,000.00	335,000.00
Merchandising Revenue	69,400.00	52,100.00
Equipment Approval Fees	50,000.00	106,400.00
<b>TOTAL REVENUE</b>	<b>1,407,100.00</b>	<b>1,307,800.00</b>
	2018	2017
<b>EXPENSES</b>	<b>\$ USD</b>	<b>\$ USD</b>

## 2018 FINANCIAL STATEMENT

### Administration

IFMA Staff Salary	162,400.00	159,600.00
Office Operating Expenses	162,600.00	174,500.00
New office renovations	22,600.00	48,600.00
Communication Expenses	34,700.00	31,600.00
	<b>382,300.00</b>	<b>414,300.00</b>

<b>IFMA Meetings</b>	<b>71,400.00</b>	<b>82,600.00</b>
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<b>Travel Expenses</b>	<b>58,600.00</b>	<b>64,800.00</b>
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<b>Anti-Doping Development</b>	<b>124,400.00</b>	<b>96,500.00</b>
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### Development & Activity Expenses

Annual SportAccord Expenses	65,400.00	59,500.00
International Games Support	126,400.00	136,000.00
Event Expenses	212,400.00	155,000.00
Promotional Materials	8,400.00	11,200.00
Marketing Expenses	17,200.00	19,600.00
TV Production Expenses	78,600.00	104,000.00
Youth development	148,000.00	108,400.00
IFMA Associate Organisation Membership	7,100.00	7,100.00
	<b>663,500.00</b>	<b>600,800.00</b>

<b>Charitable Projects</b>	<b>86,400.00</b>	<b>82,600.00</b>
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<b>TOTAL EXPENSES</b>	<b>1,386,600.00</b>	<b>1,341,600.00</b>
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<b>PROFIT</b>	<b>20,500.00</b>	<b>-33,800.00</b>
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# IFMA MOVES TO LAUSANNE

## IFMA Moves to Lausanne

In November 2018, IFMA opened up a regional headquarters in the Olympic City of Lausanne in the MSI to have full representation in Lausanne.



## 2018 EVENTS

### 2018 Events

2018 was another eventful year with major events held worldwide. The Senior World Championships in Cancun, the European Championships in Prague, the FISU World Championships in Pattaya, the Youth World Championship in Bangkok, the Asian Championships in Macau, the Pan American Championships in Buenos Aires and the Antalya Cup in Antalya.



IFMA has become a valuable member in the Olympic family protecting and promoting the Olympic values. In addition to the aforementioned events, we have become again, a full medal sport in the 2021 World Games. Our anti-doping program has been praised by many. Our recently opened a branch office in the Olympic Capital, Lausanne, does not go unnoticed. and IFMA has been part of every successful edition of the SportAccord Convention in Bangkok, being one of the driving forces of the Sport Festival and the United



## 2018 EVENTS

Through Sports campaign. We believe in giving back. We feel it is our responsibility, in fact, duty to use muaythai towards building a better tomorrow and the IFMA youth gives hope in our endeavors.



Some highlights from 2018 included our United Through Youth initiative at the UN ESCAP Hall in Bangkok, where over 1000 youth from more than 92 countries came together to showcase unity in diversity.



At the Senior World Championships in the beautiful city of Cancun, Mexico, IFMA is proud that at the Elite level, gender equality was reached. One of the important strategic milestones in IFMA.



# 2018 EVENTS: SENIOR WORLD CHAMPIONSHIPS

## 2018 Events: Senior World Championships

**Date:** 10 May – 20 May 2018

**City:** Cancun

**Nation:** Mexico

**Organisers:** IFMA/ Cancun 2018 local organising committee

**Frequency:** Annual



Cancun 2018 was the first IFMA World Muaythai Championships to take place in the American continent.

In total 655 bouts have been showcased among male and female commissions. Additionally cultural and educational events were hosted as Athletes' Conferences, Anti-Doping Seminars, Cultural activities.

The event was streamed live on IFMA Youtube channel offering open access around the world. Local TV Channels were broadcasting the event for the Mexican audience.

With athletes representing 77 nations, there were more nations present compared to the previous edition in Minsk, Belarus in 2017 (71).

IFMA communication and social media strategy aimed to highlight the development of the female muaythai which hit its record growth at 2018 World Muaythai Championships counting an equal number of participants with male athletes. Each IFMA event adds at least 5000 new fans to the IFMA Facebook followers and the 2018 event exceeded the number with attracting more than 6000 fans over 7 event days.

The World Muaythai Championships 2018 have been a great event for many reasons. Many sensational results at the field of play and events which have become an integral part of IFMA like youth conferences, athletes' meetings, charity events, and of course award night where the outstanding are honoured for their achievements.



## 2018 EVENTS: SENIOR WORLD CHAMPIONSHIPS

The President of the Pan American Muaythai Federation and the Mexican Muaythai Federation Ms. Elisa Salinas truly wrote IFMA history bringing the Muaythai world to Mexico which became the first World Championships ever held in the American continent.

Cancun also made the history books as for the first time in IFMA history the ratio of male and female athletes became equal. It has been a long way from male dominant sport to bringing female athletes from all over the world to compete and promote their countries through the sport of Muaythai.

Mexican Muaythai Federation was awarded the Best Host Award and the thunderous applause only confirmed the right choice for the holder of the plaque of appreciation given to Mexico.

# 2018 EVENTS: EUROPEAN CHAMPIONSHIPS

## 2018 Events: European Championships

**Date:** 29 June – 8 July 2018

**City:** Prague

**Nation:** Czech Republic

**Organisers:** IFMA/ Prague 2018 local organising committee

**Frequency:** Annual



The city Prague was one of the muaythai capitals in 2018 organising a great European Championships with so many elite athletes competing.

The city Prague was one of the muaythai capitals in 2018 organising a great European Championships with so many elite athletes competing.

The 2018 European Championships became the biggest event by attendance counting more than 400 participants with only Youth 1-17 and Senior male and senior female divisions in the programme. The top three teams became Russia, Turkey and France.

The local organising committee involved youth to all stages of organisation which is IFMA's priority for all Muaythai competitions. The opening ceremony offered a unique cultural performance of the Czech folklore. Youth performers and singers performed the IFMA Anthem, and took part in the ceremonies of flag raising.

Competition took place in the TipSport Arena which accommodates 13,000 people. Unique attendance was not recorded but the full house was seen for the final day with the local crowd seeing Czech athletes winning 3 gold medals.

Muaythai events again went beyond the competition in the field of play. It is a cultural, social and sports events which unites people from different countries.

It was the first time Prague organised an event of this scale and the organisers proved to have staged a very professional competition observing all the requirements from IFMA Technical Commission.

# 2018 EVENTS: FISU MUAYTHAI WORLD UNIVERSITY CHAMPIONSHIP

## 2018 Events: FISU Muaythai World University Championship

**Date:** 23 July – 29 July 2018

**City:** Pattaya

**Nation:** Thailand

**Organisers:** IFMA/ Pattaya 2018 local organising committee / Thailand University Sports Board

**Frequency:** Bi-Annual



Muaythai under IFMA was recognised by the Fédération Internationale du Sport Universitaire (FISU) in 2015, FISU being one of the IOC-recognised international sporting bodies.

In that year, Bangkok hosted the Muaythai University World Cup under patronage of FISU. The event was sanctioned by IFMA in cooperation with the Amateur Muaythai Association of Thailand (AMTAT) under Royal Patronage, the University Sports Board of Thailand, and the Department of Physical Education.

2018 became another milestone for IFMA as Muaythai was first included in the official programme of the FISU World Championships. The city of Pattaya, Thailand was given the right to host the event and the event was truly catered for student athletes with the Hard Rock Hotel becoming an official venue for the competition, and the beach front city welcoming athletes.

The event revealed many new names among IFMA champions as the competition format of only students gave younger athletes an opportunity to be first numbers in their national teams, and the national federations an additional qualification tournament towards the FISU events.

## 2018 EVENTS: YOUTH WORLD CHAMPIONSHIPS

### 2018 Events: Youth World Championships

**Date:** 02 August – 10 August 2018

**City:** Bangkok

**Nation:** Thailand

**Organisers:** IFMA/ Bangkok 2018 local organising committee / National Federation of Muaythai Thailand

**Frequency:** Annual



With 92 national teams registered the Youth World Championships 2018 set to be the biggest gathering of young athletes yet. The IFMA championships are much more than muaythai competition. Every event and especially youth tournaments have packed agendas including a Youth Conference in the UN building.

Hundreds of children experienced the cultural diversity brought by over 90 national teams. The centrepiece of the extra-curricular activities was the Youth Conference held in the UN building in downtown Bangkok. Simultaneous translation has been arranged so all the youth attending could understand speeches from WADA, UN, UNESCO and other sports and non-governmental organisations.

Grassroots development is key in IFMA's strategic plan and the annual Youth World Championships have become the top priority on the IFMA Calendar. The fundamental values of muaythai are built on five important pillars; respect, honour, tradition, fair play and excellence, which are also the foundation of the Olympic movement; in fact, they are the foundation of life.

Dr Sakchye Tapsuwan, President of IFMA stated the importance of IFMA's grassroots development, which bears the fruits with over 80 countries sending their youth teams to the 2018 Championships. He further stated that this event had a record number of participants. Thailand, Russia, Turkey and Australia alone brought over 300 participants building a true Muaythai powerhouse in every continent. The youth is our future the President further stated and we are proud of ours, especially as IFMA has been recognised by the IOC.

## 2018 EVENTS: ASIAN CHAMPIONSHIPS

### 2018 Events: Asian Championships

**Date:** 02 December – 13 December 2018

**City:** Macau

**Nation:** Macau

**Organisers:** IFMA/ Macau 2018 local organising committee

**Frequency:** Annual



Macau became the final destination for Muaythai events in 2018 and it was a bright event right before the Season's break.

Asian countries could discover a blend of Asian and European countries in one place.

The event took place at one of the largest indoor venues in Macau – the Macau Forum with 4000 seats for spectators to support the athletes. The Macau Forum was one of the venues for the annual FIVB Volleyball Grand Prix and many more sporting events.

Thailand, China, Macau, Kazakhstan, Singapore have been top 5 teams of the event, and remarkably that Macau athletes showed such an outstanding result finishing before such teams like Kazakhstan.

Contributing to society is an integral part of everyday operation in IFMA and as the Asian Muaythai Championships coincided with the annual charity fundraise where various organisations gather in the central street of Macao for a 5 km charity walk.



# SUPPORTING & PROTECTING CLEAN ATHLETES

## Supporting & Protecting Clean Athletes

In 2015, IFMA built a task force within the various commissions to protect the clean athletes and to also protect athletes from any kind of harassment and/or abuse. The current chairman is police general, General Lucas Managuelod.

*"Cheaters are not welcome in the IFMA Family."*

IFMA is committed to integrity and the fight against doping and all forms of cheating in muaythai. IFMA's integrity goes hand in hand with IFMA's credibility and IFMA has a firm belief in setting a good example for the next generation. This is why IFMA tackles any ethical misconduct swiftly and aggressively regardless of where or who you are in the IFMA pyramid. IFMA understands that these efforts must be ongoing as we live in an ever changing world which means we must keep evolving and adapting to new situations in the best possible manner.



# PROTECTING AND FOSTERING THE YOUTH

## Protecting and Fostering the Youth

In 2012, IFMA revised the positioning of the Youth in IFMA's strategic plan and the implementation began in 2014. Last year's IFMA Youth World Championship in Bangkok was one of the largest Youth Championships with over 2000 athletes, coaches and federation members travelling to Bangkok.

The mission of the IFMA Youth is to build a future healthier society, with sporting and cultural exchange and to promote all the benefits of muaythai as a philosophy of life.

From the beginning of the implementation in 2014, an increase of over 30% in participation was achieved and in 2018, IFMA coordinated a World Youth Conference at the UN ESCAP Headquarters with over 1000 youth from over 80 countries in attendance.



# THE ATHLETES

## The Athletes

The Athletes are the heart and soul of IFMA's work and the IFMA Athletes Commission has a permanent seat in the IFMA Executive Board. The current chairperson of the IFMA Athletes' Commission is Janice Lyn from Canada. The Athletes have involvement in all IFMA decision making processes. The Executive Board fully ensures the athletes are supported in their sporting and non-sporting careers.





# THE IFMA ATHLETES FORUM

## The IFMA Athletes Forum

Since 2014, IFMA organises continental and international forums. In 2017, the Athletes' Forum, with over 500 representative athletes, took place at the National Belarus Olympic Headquarters and in 2018, the Athletes Forum was held in Cancun, Mexico.



### *Taking Care of the Athletes*

The Athletes Forum and Athletes Information Workshop is about education, motivation and inspiration. Experts speak on important topics such as nutrition, injury prevention, psychology (mental health), anti-doping and the list goes.



# IFMA'S SOCIAL RESPONSIBILITIES ACTIVITIES

## IFMA's Social Responsibilities Activities

Since 2000, IFMA has engaged in various social initiatives, especially to create safe, basic and accessible sport facilities in areas for disadvantaged and/or displaced youth. In 2009, the Sport Is Your Gang initiative was formed and in 2014, IFMA received the World Spirit of Sport Award for this initiative. Since 2009, IFMA worked closely with Peace and Sport and Generation for Peace. In 2014, IFMA signed an MOU with UN Women and in 2015, an MOU was signed with UNESCO. In 2017, IFMA was one of the founding members of the United Through Sports initiative.



# 2018 SPORTACCORD CONVENTION & SPORTS FESTIVAL

## 2018 SportAccord Convention & Sports Festival

The SportAccord Convention 2018 in Bangkok has been remembered as one of the most outstanding, particularly with the initiative United Through Sports which saw events leading up to the convention and building up to the Bangkok Sports Festival with over 60 sports participating.



The Opening Ceremony was a night full of Thai culture and hospitality at the Royal Thai Navy Convention Hall on the banks of the Chao Praya River where all 92 member sports of GAISF arrived to be part of the opening ceremony of the SportAccord Convention 2018. Hosted by the Sport Authority of Thailand and the Ministry of Sport of Thailand, the event was full of leaders of sport and politics. The guests were welcomed with a demonstration of Thai traditions and culture.



The night started with welcome speeches from the Prime Minister of Thailand Mr. Prayut Chan-o-cha, the President of SportAccord and GAISF Mr. Patrick Baumann and the IOC President Dr. Thomas Bach.





## 2018 SPORTACCORD CONVENTION & SPORTS FESTIVAL



The Royal Thai Navy Convention Hall was full of distinguished guests President of Asian Olympic Council Ahmed Al-Fahad Al-Ahmed Al-Sabah, President of WADA Sir Craig Reedie, Minister of Sport and Tourism in Thailand Weerasak Kowsurat, Minister of Sport and Tourism in Thailand Weerasak Kowsurat, President ASOIF Francesco Ricci Bitti, President of Peace and Sport Joel Bouzou and guests from UN Women, UNESCO, Right To Play.

The ceremony included the reenactment of the Royal barge procession which is a showcase of more than 700 years of history. The Muaythai show was a highlight of the event showing the national Thai sport in all its beauty and historical background. It was a great night which marked the beginning of the SportAccord Convention 2018.

It was the first time SportAccord featured a Sport Festival, taking the delegates onto the streets of Bangkok whilst at the same time engaging the local Thai people. The theme of the Festival was United Through Sport, and its mission is to make a tangible difference to the lives of children in displaced communities. The streets of Bangkok came alive to the sights and sounds of sport as the inaugural SportAccord Thailand Sports Festival entertained a packed Centara World Square.



# 2018 SPORTACCORD CONVENTION & SPORTS FESTIVAL



Incorporating 60 different Olympic and non-Olympic federations, the Festival is a celebration of sport as well as culture. At the Opening Ceremony, children from all over Thailand came to perform, including those from displaced families. More than 100 children participated in the hour-long opening ceremony, and performances included songs from a displaced children's choir, cheerleading and gymnastics squads and a traditional muay boran presentation.



History was made when the youth team of displaced and disadvantaged children from the Mae La Camp participated in the event. The festival opened with a conference joined by many personalities including IOC President Dr Thomas Bach. The four-day event came to an inspiring close with the conference “Leaving a Legacy” behind with keynote speaker, His Royal Highness Prince Faisal.



## 2018 SPORTACCORD CONVENTION & SPORTS FESTIVAL

The initiative spearheaded by AIMS, under the full patronage of the IOC, GAISF and SportAccord, raised donations throughout the week to leave something behind for children in need. United Through Sports, Right To Play and IFMA teamed up to distribute donations from the SportAccord Convention to the Tak Province Mae La camp in December.



# OLYMPIC HUMANITY SHINES BRIGHTLY AT THE 2018 YOUTH OLYMPIC GAMES IN BUENOS AIRES

## Olympic Humanity Shines Brightly at the 2018 Youth Olympic Games in Buenos Aires



On the 8th of August, close to 4000 young athletes from around the world came together to participate in sport, culture and an educational event. The event demonstrated a celebration of the Olympic values and the beauty of life. There was the inclusion of the Olympism in Action forum, organized by the International Olympic Committee which brought together the Olympic movement stakeholders and civil society to share experiences, inspiring stories, challenging questions, intricate dialogues and above all to discuss how sports can create positive change around the world. Sport has so many stories, it creates hope, sport can make a difference and Olympic humanity is key.



The SportAccord Convention in Bangkok was deemed a big success, with special social initiatives for displaced and for children with different abilities. Two of the children, Krisana Padsawa (10) and Arithat Nilsarika (11), through an incentive program made their dreams come true and earned the chance to be a part of the Youth Olympic experience. In addition to their attendance and participation, was the inclusion of Thailand's Wild Boar Team who became one of the most known football teams in

the world this year. The 12 boys and their coach had been trapped deep inside a cave for over two weeks and against all odds, through their unified spirit and an international effort, they all survived. The Wild Boar

## OLYMPIC HUMANITY SHINES BRIGHTLY AT THE 2018 YOUTH OLYMPIC GAMES IN BUENOS AIRES

team came together with the Thai children showcasing bravery, and that just as importantly, when the world unites for the right reasons anything is possible. These Thai children came together to inspire others and the event was appropriately named “kids help kids” where the team delivered a message of hope and strength to the youth of Argentina. The two children from the incentive program demonstrated a beautiful and dynamic Muaythai performance for the audience of youth and all the sporting delegates present.



Many from the Olympic and GAISF family came to support, the CEO of the World Games, President of Jujitsu many ARISF and AIMS members and certainly the late president of SportAccord and GAISF Patrick Baumann, which despite having had a high-level invitation on that evening to another event, chose to inspire the youth not only with his presence but with an emotional speech for those present. It was to be the last time they would see the former president but there is no doubt they will remember him forever.

The late president also received an honorary Ajarn certificate and uniform from IFMA for his services in the world of sport and humanity. Over 1300 kg of goods, foods and hygienic equipment were raised that night and distributed to the street children and those which are less fortunate.





## OLYMPIC HUMANITY SHINES BRIGHTLY AT THE 2018 YOUTH OLYMPIC GAMES IN BUENOS AIRES

The event was organized by United Through Sports, IFMA and the Argentinan Muaythai Federation. The evening served to remind us all again about our responsibilities, duties and our belief in the power of sports.





# UNITED THROUGH SPORTS AND IFMA MONGKON ACADEMY SPORTS FACILITY AND EDUCATION CENTER

## United Through Sports and IFMA Mongkon Academy Sports Facility and Education Center

February 9th at 9:09 am will go in the history books of the official opening of the Mongkon Academy. The official education and training center under the auspicious WMC under Royal Patronage, the International Federation of Muaythai Amateur recognised by the IOC, United Through Sports and support of Right to Play.



The Academy under the motto, “Do Good Feel Good” is the sign for all walks of life, Muaythai for Every Body, for all abilities with no discrimination. A full-sized Muaythai ring, a jogging track, futsal and badminton court, fully equipped gym and seminar rooms; all are there for anybody to use and to enjoy.

But there’s more, in cooperation with the Ambassador Hotel, which is the official IFMA Championship hotel, the gym also has a full United Through Sports (UTS) Education Center where disadvantaged youth and youth with different abilities can socialize, play and be educated free of charge in this special environment.

Giving back is an important part in the Muaythai philosophy and 3 sports facilities have been established in different parts of Bangkok to give disadvantaged youth a sense of belonging, a safe environment and a place to play. Every child in the world should have the right to play, hence the close cooperation with this organisation as well.

# UNITED THROUGH SPORTS AND IFMA MONGKON ACADEMY SPORTS FACILITY AND EDUCATION CENTER

United Through Sports plays an important part in the establishment and some of the donations have come from the 2018 SportAccord Convention held in Bangkok.

IFMA President, Dr. Sakchye Tapsuwan, stated, "It is a proud moment for him to cut the ribbon of yet another social initiative where everyone has contributed towards a good cause."



The IFMA head of the Athletes Commission, Janice Lyn, stated "This place will see the world's best muaythai athletes come to train but also to contribute to a better tomorrow. Standing united for the youth is what IFMA is all about."

The CEO of United Through Sports, Julia Govinden, stated, "This unique facility will provide not only sport opportunities to so many youths but also access to free education inside a safe and supporting environment. The donations raised via UTS from the sporting world, during the 2018 Sport Accord Convention have truly left a legacy behind. With an objective towards social inclusion and our partnership with universities in Bangkok, the academy will encourage children to thrive and give them hope towards a better future."



IFMA General Secretary, Stephan Fox, said the final day of Muaythai Week was the perfect setting and many came to the opening including the Asia Director of Right to Play, Niamh de Loughry, Program Director of Right to Play, Kevina Maddick, CEO of UTS, Julia Govinden, IFMA Sport Director, Charissa Tynan, CEO of Elite Boxing, Toli Markris, Ajahn Suchart and Clifton Brown from Canada, Ajahn Sawang and many more. It was truly a special day to have everyone in support and celebration of this very special facility.

# UNITED THROUGH SPORTS AND IFMA MONGKON ACADEMY SPORTS FACILITY AND EDUCATION CENTER



For more information please visit [www.mongkonacademy.com](http://www.mongkonacademy.com)



# PROMOTING GENDER EQUALITY

## Promoting Gender Equality

In 2012, IFMA started a comprehensive review of gender equality. A commission was formed to develop tangible recommendations and guidelines for every national federation to follow. Partnerships were formed (for example, the partnership with UN Women) and meetings were held in countries where female participation in muaythai was limited. IFMA's hard work paid off when the goal for gender equality was reached with equal gender participation in the Elite Level of the 2018 Senior World Championships. At the 2021 World Games in Birmingham, Alabama, muaythai will qualify 6 male and 6 female divisions.





# MUAYTHAI IN ACTIVE SOCIETY

## Muaythai in Active Society

IFMA does not only focus on competition but also encourages Muaythai for Every Body regardless of sex, age, social background or economic status. The growth of muaythai for IFMA, in particular the next generation, lies in the code of respect and in the cultural understanding with the educational and health values muaythai has to offer. 2018 saw IFMA's continued activities in promoting the practice of muaythai as fun and fitness to a variety of communities and social groups.



# ENTOURAGE

## Entourage

IFMA ensures that everyone understands the critical role of the Athletes' Entourage. In today's world, many play an important role. Many are associated with the athletes, not only the National Federations and the coaches but also sponsors, lawyers, family members, medical staff, etc.



The IFMA Athletes' Entourage Commission monitors and deals with matters concerning the relationship between athletes and various individuals. It is imperative that we all work together to improve the quality and level of service to athletes, to protect the athletes, promote health, encourage social development and ethics and prevent and protect athletes from harassment and abuse.



The entourage commission works closely with the IFMA Director and Athletes Commission to ensure overall health and well being throughout the athletes' career.





# EDUCATION

## Education

Education is key for IFMA. Many athletes do not want to compete but rather develop. This is why IFMA has developed a strict coaching and educational system with 14 Khans (Grading Levels).



The aim of IMAES and the IFMA Education system is to develop a muaythai curriculum to compliment, develop and build Kru Muaythai (coaches) and a unified standard for all IFMA members. IFMA believes and understands the key role an instructor plays in the athletes' and student development. The relationship between athletes and mentor plays a crucial role on the athlete health and integrity.



IFMA believes that our instructors must be trustworthy, knowledgeable, respectful, positive, honest, have a broad understanding of muaythai and an ability to lead by example. Through the IFMA education system, s/he obtains knowledge, and must share this knowledge and must not only be an effective communicator but also a good listener. Muaythai has passed down over hundreds of years of values and respect and this has been done through the discipline, character, respect, honour and the relationship with the Kru and/or Ajahn. To become fully certified, IFMA education system teachers must have all these values and demonstrate a clean and clear passion for muaythai.



# GOVERNANCE & ETHICS

## Governance & Ethics

The fundamental purpose of the IFMA Code of Ethics is to assist the IFMA members in making consistent choices when faced with ethical dilemmas and to set out ethical principles and standards, that are in-line with the International Olympic Council's (IOC) ideals and therefore applicable throughout the Muaythai community and sport governed by IFMA. The IFMA members herein undertake at all times to respect and to ensure compliance of the following principles:

***Fairness:*** Operating within the spirit of the rules, never taking an unfair advantage and making informed and honorable decisions at all times.



***Respect:*** Recognising the contribution which all people make to sport, treating them with dignity and consideration, as well as caring for the property and equipment they use. Respect is for all irrespective of age, sex, religion or race.





# GOVERNANCE & ETHICS

**Responsibility:** Taking responsibility for one's actions and being a positive role model at all times.



**Safety:** Encouraging healthy and safe procedures, preventing and reporting dangerous behavior, while demonstrating concern for others.

**Integrity:** A set of principles derived from honesty, fairness and consistent respectability of good character.



# GOVERNANCE & ETHICS

**Equity:** Practicing fairness and applying social justice to all situations and decision making processes. Ensuring that all individuals are respected, have equal opportunities and have their rights protected.



**Transparency:** This is a fundamental principle of any form of modern governance. To ensure that any and/or all transactions, events, decisions and practices are fully transparent so as to ensure fairness and equity.



**Accountability:** This principle encourages responsible decision making and ensures sound decisions. IFMA members can play a vital role in such decisions and hence accountability is an important precept.

Good Governance is a fundamental principle of IFMA. IFMA believes if you want to make a positive influence you must lead by example. The ethical and basic principles of good governance are enforced and live through the five pillars of IFMA.



# SUSTAINABILITY

## Sustainability

Sustainability is one of the important pillars of IFMA and IFMA will continue to put emphasis on all stakeholders to include sustainability in the daily operations. The sustainability strategy of 2015 will be reviewed in 2019.



With Muaythai originating in Thailand respect is one of the main pillars of the sport; respect to the opponent, audience and environment you have to compete at. IFMA has preserved this approach to all the aspects of its activities and respect to nature takes an important place in IFMA agenda.

Starting from its foundation IFMA promotes the conservation, recycling and donation at all its events. At the 2018 European Championships, all participants were gifted a welcome bag which included a refillable water bottle with pamphlets to indicate water refilling points at accommodation and competition venues. The Local organising committee further engaged into partnership with the city transportation services to allow all accredited participants free access to city buses for the duration of the event.

IFMA follows the example of the Olympic movement on sustainable development laid at <https://www.olympic.org/sustainability> and implements successful experience where possible. We believe that each young mind opened for the sustainable approach is a huge victory for IFMA and we will keep our work with each local organising committee to build a foundation for contributing to the cleaner and better world.